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### **Work with the person, not the problem**

Jack Sparrow is hardly the poster boy of common sense and logic but I'm on his side with this one. It's hard to own a problem if you can't see it or recognise you're part of it. You're the only person who sees the world through your eyes, who looks at it through your personal lens. Your view is influenced by your upbringing, ethnicity, experience, education, gender – a multitude of factors. So, it follows that what seems like a problem to one person might go unnoticed by somebody else.

One of the benefits of working with a coach/supervisor is having the opportunity to recognise you have a personal lens, that it gets grubby over time, and can be clouding your view of an issue. Cleaning it leads to those Aha! moments when things slot into place. I work with people, not problems. I hope you understand.